

October 2025

LEVEL 3 GOLD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Jimmy 7:30pm - 9:00pm	Jimmy 4:30pm -6:30pm	Laurier 7:00am - 9:00am
5	6	7	8	9	10	11
OFF	YMCA DRY 4:00-5:00pm 5:00pm -7:00pm	YMCA 6:00am -7:30am	OFF	Jimmy 7:30pm - 9:00pm	Jimmy 4:30pm -6:30pm	Laurier 7:00am - 9:00am
12	13	14	15	16	17	18
OFF	Thanksgiving Day	YMCA 6:00am -7:30am	OFF	Jimmy Nutrition 5:00-6:00 6:00pm -7:30pm	Jimmy 4:30pm -6:30pm	Hall Of Fame Meet
19	20	21	22	23	24	25
Hall Of Fame Meet	YMCA DRY 4:00-5:00pm 5:00pm -7:00pm	YMCA 6:00am -7:30am	OFF	Jimmy 7:30pm - 9:00pm	Jimmy 4:30pm -6:30pm	Laurier 7:00am - 9:00am
26	27	28	29	30	31	
OFF	YMCA DRY 4:00-5:00pm 5:00pm -7:00pm	YMCA 6:00am -7:30am	OFF	Jimmy 7:30pm - 9:00pm	Jimmy 5:30pm -6:30pm	Laurier 7:00am - 9:00am