



**March 2024
Level 4 Black**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|------------------------------------|-------------------------------|---|--------------------------|
| Coming Up... - March Break swim training for competitive teams (no additional fee) - Optional March Break Activities: Activate Burlington & Gravity Climbing. Team Unify Registration & Payment Required. Space is limited! - Easter Sunday all practices OFF | | | | | 1 | 2 |
| | | | | | 6:00-7:30am McMaster | Bad Meet |
| | | | | | 4:30-6:30pm Jimmy Thompson | |
| | | | | | Bad Meet | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Odeon 7:00-8:00am McMaster | 5:45-7:30am Hillpark | | | | 6:00-7:30am McMaster | |
| 8:30-10:30am Bad Meet | Odeon 4:30-5:30pm | 4:30-6:00pm Hill Park | | 4:30-6:00pm Jimmy Thompson | 4:30-6:30pm Jimmy Thompson | |
| March Break | | | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| OFF | 5:45-7:30am Hillpark Activate Burlington 5:00-6:15pm Registration Required. | 4:30-6:30pm Hill Park | 5:45-7:30am Hillpark OFF | 4:30-6:00pm Jimmy Thompson | 6:00-8:00am McMaster Gravity Climbing 1:30-3:30pm Registration Required | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| OFF | 5:45-7:30am Hillpark Odeon 4:30-5:30pm | 4:30-6:00pm Hill Park | | 4:30-6:00pm Jimmy Thompson | 6:00-7:30am McMaster 4:30-6:30pm Jimmy Thompson | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Odeon 7:00-8:00am McMaster | 5:45-7:30am Hillpark Odeon 4:30-5:30pm | 4:30-6:00pm Hill Park | | 4:30-6:00pm Jimmy Thompson | OFF Good Friday  | Hill Park 7:00-9:00am |
| 31 | April 1 | | | | | |
| OFF Easter Sunday | YMCA 5:00-6:30pm |  | | | | |