



Jimmy Thompson Closure



Weekly Schedule		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
High Performance	A.M.	8:30-10:30 MAC	5:45-7:30 HP		5:45-7:30 HP		5:45-7:30 HP	
	P.M.			4:30-6:00 HP	4:30-6:30 Laurier	5:00-6:30 YMCA	4:30-6:15 CH	
Dryland		10:45-11:45 HP Center	ODEON 4:30-5:30PM					
Senior Performance	A.M.	8:30-10:30 MAC	5:45-7:30 HP		5:45-7:30 HP		5:45-7:30 HP	
	P.M.			4:30-6:00 HP	4:30-6:30 Laurier		4:30-6:15 CH	
Dryland		10:45-11:45 HP Center	ODEON 4:30-5:30PM					
Junior Development	A.M.			5:45-7:30 HP			6:00-7:30 MAC	9:00-11:00 Brant
	P.M.		6:30-8:00 YMCA	ODEON 4:30-5:30PM	6:30-8:00 Laurier	6:30-8:00 YMCA	6:15-7:30 CH	
Dryland								8:00-9:00 Brant
Junior Performance	A.M.			5:45-7:30 HP			6:00-7:30 MAC	9:00-11:00 Brant
	P.M.		5:00-6:30 YMCA	ODEON 4:30-5:30PM	6:30-8:00 Laurier	6:30-8:00 YMCA	6:15-7:30 CH	
Dryland								8:00-9:00 Brant
Level 3 Black	A.M.				6:00-7:30 YMCA	5:45-7:30 HP		9:00-11:00 Brant
	P.M.			6:00-8:00 HP			7:30-8:30 CH	
Dryland				5:00-6:00 HP			6:30-7:30 CH TBC	8:00-9:00 Brant
Level 3 Gold	A.M.		5:45-7:30 Laurier	6:00-7:30 YMCA		5:45-7:30 HP		7:00-9:00 Laurier
	P.M.				*4:30-6:30 HP		7:00-8:30 Brant	
Dryland				ODEON 5:30-6:30PM			6:00-7:00 Brant	
Alternating weeks Schedule								
Level 2 Black	A.M.	8:30-10:30 MAC				6:00-7:30 YMCA		
	P.M.			6:30-8:00 HP			5:30-7:00 YMCA	
Dryland		10:30-11:30 Track Studio					5:00-5:30 YMCA	
Level 2 Gold	A.M.		5:45-7:30 Laurier	*6:00-7:30 YMCA				7:00-9:00 Laurier
	P.M.				4:30-6:30 HP		7:00-8:30 Brant	
Dryland			6:00-7:00 YMCA				6:00-7:00 Brant	
Alternating weeks Schedule								
Level 1 Black	A.M.							
	P.M.			7:30-9:00 HP	6:45-8:15 Pinky		7:00-8:30 YMCA	
Dryland				TBC	TBC		TBC	
Level 1 Gold	A.M.	7:00-9:00 Laurier						
	P.M.			6:45-8:15 CH	6:45-8:15 Pinky			
Dryland		6:15-7:00 Activate		6:15-6:45 CH	TBC			
AGD	A.M.						6:00-7:30 MAC	9:00-10:30 Laurier
	P.M.			8:00-9:00 HP	6:30-8:00 HP			
Dryland				7:00-8:00 HP				
AGE GROUP FLEX	A.M.							9:00-10:30 Laurier
	P.M.				8:00-9:30 CH			

(*) Dryland Tentative and Subject to change