

November 2025

HIGH PERFORMANCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						OFF
2	3	4	5	6	7	8
Laurier 7:00am -9:00am HP Center 9:45am- 10:45am HAC BANQUET - Tickets Required	Hill Park OFF Odeon 4:30pm - 5:30pm	Hill Park 4:30pm - 6:00pm	Hill Park 5:45am - 7:30am Laurier 4:30pm -6:30pm	Jimmy TP 4:30pm - 6:00pm YOGA 6:00-7:00pm	Hillpark OFF Jimmy TP 4:30pm - 6:00pm	Gus Ryder Meet
9	10	11	12	13	14	15
Gus Ryder Meet	OFF	Hill Park 4:30pm - 6:00pm	Hill Park 5:45am - 7:30am Laurier 4:30pm -6:30pm	Jimmy TP 4:30pm - 6:00pm Judy Goss 6:00-7:00pm	Hillpark 5:45am - 7:30am CH 5:00pm - 7:00pm	OFF
16	17	18	19	20	21	22
MAC 8:30am -10:30am HP Center 10:45am- 11:45am	Hill Park 5:45am - 7:30am Odeon 4:30pm -5:30pm	Hill Park 4:30pm - 6:00pm	Hill Park 5:45am - 7:30am Laurier 4:30pm -6:30pm	Jimmy TP Amber 4:30pm - 6:00pm YOGA 6:00-7:00pm	Hillpark 5:45am - 7:30am CH 5:00pm - 7:00pm	OFF
23	24	25	26	27	28	29
Brant 4:30pm- 6:30pm	Hill Park 5:45am - 7:30am Odeon 4:30pm -5:30pm	Hill Park 4:30pm - 6:00pm	Hill Park 5:45am - 7:30am Laurier 4:30pm -6:30pm	Jimmy TP 4:30pm - 6:00pm YOGA 6:00-7:00pm	Hillpark OFF Jimmy TP 4:30pm - 6:00pm	Steeltown Meet
30						
Steeltown Meet						